

MORE FACTORSM

For each word presented, use the following question, filling in the blank with the corresponding word in each section, based upon your view of yourself: **Are you _____, most/all the time, some of the time, or rarely/none of the time?** Check the box that best answers this question. There is no “right” or “wrong” answer. Don’t try to overthink this. Go with your gut.

M	Most	Some	Rarely	O	Most	Some	Rarely	R	Most	Some	Rarely	E	Most	Some	Rarely
	All	Time	None		All	Time	None		All	Time	None		All	Time	None
Organized				Confident				Enthusiastic				Compassionate			
Thorough				Decisive				Creative				Caring			
Accurate				Bold				Fun				Loyal			
Reliable				Strategic				Friendly				Patient			
Careful				Efficient				Optimistic				Supportive			
Detailed				Direct				Energetic				Thoughtful			
Analytical				Driven				Spontaneous				Gentle			
Disciplined				Powerful				Charismatic				Trustworthy			
Precise				Competitive				Inspiring				Understanding			
Conscientious				Results				Adaptable				Peaceful			
Systematic				Assertive				Expressive				Considerate			
Meticulous				Ambitious				Animated				Sensitive			
Methodical				Commanding				Sociable				Accommodating			
Prepared				Independent				Imaginative				Nurturing			
Consistent				Action				Upbeat				Empathetic			
Cautious				Determined				Lively				Attentive			
Structured				Forthright				Outgoing				Dependable			
Exacting				Pragmatic				Versatile				Tender			
Focused				Self-assured				Engaging				Harmonious			
Reflective				Tenacious				Personable				Receptive			
TOTAL				TOTAL				TOTAL				TOTAL			

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Step 2: Count the number in each column and transfer that total to the columns below. Each “Mostly/Always” answer is worth one-half (1/2) point. Each “Sometimes” answer is worth a quarter (1/4) point. Each “Rarely/None” answer is worth zero (0) points. Then, total the numbers in each column and record them in the TOTAL box for each of the four sections of the Assessment. You will end up with a numerical value for each section.

M
Factor

.5	.25	0
M Total		

O
Factor

.5	.25	0
O Total		

R
Factor

.5	.25	0
R Total		

E
Factor

.5	.25	0
E Total		

Step 3: Rearrange the letters M-O-R-E based on the numerical value assigned to each letter into the graph below. The letter with the highest numerical value is first. Now, color in the corresponding boxes to the right to represent the intensity of that value. Each box represents a quarter-point. The second-highest numerical value goes below that, and so forth. You will end up with a unique arrangement of the letters M-O-R-E that defines how you prioritize your thinking and decision-making, as well as identifies your preferred learning and communication style. This is your **MORE Score**, your Behavioral Intelligence assessment profile score.

MORE Score	1	2	3	4	5	6	7	8	9	10

We would love to share additional MORE Method resources. Please complete the information below to be added to our monthly email newsletter. You’ll also be notified of upcoming webinars, conferences, and events you can attend. You can unsubscribe at any time.

Name: _____ Phone: _____ E-Mail: _____

Address: _____ Date of Analysis: _____

I want MORE in the area(s) of my Mindset Health Relationships Career Leadership Financial Spiritual Emotional